



USUI
REIKI

Master
Manual

靈氣

The Japanese kanji for Reiki
Tensyo style

REIKI MASTER

All healing must eventually be spiritual healing.

By this, I mean that our minds must become infused by our spiritual nature so that we know, understand, and experience only a sense of wholeness. Eventually, no matter what the physical information is that comes from the body, we must all come to accept ourselves and one another as perfect...exactly as we are.

I have witnessed and experienced direct correlation between illness and judgment. The moment people see themselves as imperfect in someone else's sight or, by self comparisons, a sickening process begins. The thoughts of perfection dart, like bitter arrows, the happy well being of a person. The person then feels guilty, ashamed, and confused. These are intolerable feelings and begin a separation or disassociation with the self.

The disassociation process causes attack upon both the personal self and others where or when the judgment first was introduced. Anger and blame and counter attacks increase the festering wounds at the sight(s) where the criticism land.

All this takes place in the mind, where the group thoughts and the persons beliefs that the criticisms, judgments and imperfections are true. Illusions grow which are directly opposed to the perfection that the spiritual nature shows us. Often, these illusions, which are attacks against our true natures, are very cruelly reinforced by further abuse. The person feels betrayed by self, others and God/the Universe, life in general. The next step is to pull away from one view of the self or the other. It hardly matters at this point which view one takes, a dichotomy has just been born. The split of the mind into two or more parts in its attempt to escape pain has caused us to see in black and white, right or wrong, good or bad. And usually, the senses of the physical world convince the person that the perfection of the spiritual nature is an illusion. This cruel joke is no longer to be born sustained or reinforced by anything out side of conventional views of it.

From this point on, it is easy to split the mind into fragments of disassociations from the true spiritual perceptions of the person. Then, we, as people no longer see ourselves as good and whole as God/the Universe created us.

We begin to remake ourselves according to all of these critical views of ourselves from the outside as well as critical comparisons from within.

Every time we make a choice to serve, or believe in the unworthy seeming illusions of ourselves, we increase the strength and power of the separation from our sacred nature. We either start believing we are something or someone we cannot be, (not the child our parents, teachers, or siblings could love, etc) or we split our minds by believing we are lesser or greater than we truly are.

We often hide this choice behind an illness.

The symptoms come and we get sympathetic reinforcements for our situation and for our choice to NOT to be as we truly are. There are plenty of reinforcements in the material thought systems of physical form to make us disbelieve in our true and good spiritual nature...or anyone else's.

We take medicines or chant or use whatever amulets we have to help us alter our symptoms so that they disappear and we believe we are cured. We have only magicked

ourselves deeper into the illusion. This is how we prove to ourselves and one another that the physical world is indeed more powerful than the spiritual one.

It isn't. Our spiritual nature is so much more vast and real than our physical life experiences can ever suggest. In our spiritual life, we are already whole and well. At times, physical cures can and do replicate a change in the spiritual nature...reflecting its wholeness. But the only true and lasting "cure" is to become as One, again, with our true spiritual Being.

We call this salvation, and atonement (the undoing). We reach this state of wholeness and well being by forgiving (willingness to see things differently) ourselves and all others for seeing ourselves as unwholesome, impure, or unsatisfactory.

God/the Universe created us according to "its" image, not according to ours. Every time we judge or compare our image against God's we invoke tragedy and guilt. In a sense, we are attacking God's image of us with our lesser image of ourselves. Attack always brings some kind of injury, either to self or another. Attack makes pain, guilt and a sense of vulnerability. Vulnerability and pain make fear and a belief that God/the Universe cannot or will not protect us.

This fear, born of making up ourselves in these vulnerable illusions, increases our belief that we are alone and helpless in a cruel painful world that is not to be trusted. Therefore, we respond defensively and cruelly to it and one another.

We are and can be so much more than we allow ourselves to be. We are so afraid of being capable of greater things than we can see or judge as possible. We are so afraid of breaking this collective illusion that we hold ourselves and each other down by our words, thoughts and deeds against our Divine nature.

Fortunately, God/the Universe has given us the form for our return to perfection in the vision of the Christ Mind. The means by which to return to our true natures – the Holy Spirit, comes to us in many inspired forms, including Reiki.

Our job as Spiritual Healers is to exercise our minds into receiving the inspiration of the Holy Spirit. This may come to each of us in many different forms so that we can accept or recognize it, so one healer's method may not be another's method of healing.

But we must all practice to establish our own, personal connection with the Holy Spirit's directions for us. Comparing oneself to another healer is not what is called for. Aligning to Christ energies, and striving through prayer, meditation, and listening deeply within, and responding with trust to intuition/guidance will bring one toward becoming the vessel for healing forces. Becoming our spiritual nature; and accepting ourselves as the way that we are right now, is the way to become what God/the Universe truly created us to be. Healed and Healing.

Once we begin, and we need only to begin, God/the Universe sends us all the assistance needed to continue.

In Reiki, we will always have the strength to do what is right and good for us to do. Weakness is a sign that we have once again decided to do things our own way and not the way that our Divine nature is directing.

Keep choosing to follow the energy that fills you with peace and quiet assuredness. And watch how your Divine nature seeks to connect with you.

Eventually, more and more of our senses will be extended and refined to be employed in the healing process. Trust yourself and trust the inspirations.

The hardest thing to do seems to be to let go of all that came before those listening moments. We are inclined to make up rules and follow them and build upon those that others have made. We are inclined to hold people into a set of categories that may well have suited them and us the last time we encountered them. However, to hold ourselves into these locked thoughts and patterns of systematizing our treatment of people is to deny the continuous reincarnation of the Divine within us all.

It is important to practice this “forgetting” of old problems and patterns as much as we can. We allow ourselves to meet each person and remember them as they truly are, fresh in that moment as if it were the first encounter. This is the way to forgive them their past illness. It is to acknowledge that they can be free at any moment from the old established patterns of the way they lived in separation. Being willing to allow the Holy Spirit to give you a change in perception is forgiveness.

Each encounter is a lesson or a gift of healing for us. By observing the activity and thought patterns of others, striving toward a clear, non prejudicial view, we begin to undo and release our stuck beliefs.

It is less important to try to undo someone else’s thinking processes than it is to accept and honor them, without adding energy to them either positively or negatively.

We do not “fix” people. We give them a space of unconditional acceptance where it is safe to let go of painful practices and self torturing beliefs and behaviors. Reiki makes a safe and sustaining field of unconditional love. In this aura we may or may not discern certain conditions in the person. We may get a flash of understanding about what it is that makes that person ill. We may gently share that information, or not, as the energy flows toward or against any such communication.

We must not give too much attention to the “wrongness”, but to the “rightness” of a situation. Try to accept a holy reason for the problem. The body is a communication device, only acting out its directions from inner sources. The mind creates our physical manifestations of ills from a set of retaliations or attacks that the mind has perceived are endangering the person. However, even these can be a path toward spiritual reuniting. A person may need to become sick in order to rest from stress, or to escape from dreadful fears. In my experience, I have noticed people break or injure something to physically release a disassociated guilt of torment of a totally unrelated nature. It is also my experience that people want to be better but need permission. Sometimes, they are acting out in their bodies a physical representation of self loathing or of perceived hatred from another. Therefore, we do not want to rest illness away from them by our will or theirs. We do not want to add any perceptions of a new attack or retaliatory activity. This person who is ill or injured is in need of safety, support and respect. We must not create any situation wherein fear might be increased. We must never overstep our authority, not even if we believe that it is on the person’s behalf.

Reiki provides the opportunity for us to release easily, that which makes us ill. It allows us to be in “suspended animation.” Only when we are safe do we release our troubles. Reiki takes them swiftly and safely out of the system so we can experience a stasis of wholeness. It is in those free moments of the treatment that our mind relaxes from the vigilance against pain and responds to the truth of who and what we really are---spiritual beings in progress towards knowing God’s image of us.

It is this image of wholeness we are to hold in our vision of ourselves and one another. No other practice can become us as well as this. We cannot help observing the sadness

and grievous life patterns in ourselves and our fellows. However, we can help ourselves to not give life or energy to these patterns. We give our attention and respect to the whole divinity behind these bodies and the less than perfected personalities that seem to rule them.

Antahkaruna Healing Symbol

This healing symbol does not require an attunement. It is usually used in its printed form although some people do sign it with the hand. Just by having it in your presence, it will enhance the healing power of any healing method. It will also improve meditation or any exercise designed to improve health, well-being, or connection to the higher power. It is not a secret symbol. You can hang it on the wall in your healing room, place it image up under your healing table, etc. It does not need to be seen by the healee in order for it to work. Some have laminated them to make them more durable. The small one can be laminated and placed in your shoes, or taped over a chakra or other body area to improve healing, or can be carried in the pocket, purse, wallet, etc. A more complete description is in the Reiki Master manual offered by the Center and it is taught in the Center Reiki master training.

The single Antahkaruna is used for focus, and becoming centered in the Higher Power. The cross is also for this purpose and has a greater feeling of sacredness. It can also be used to heal the heart chakra. The 16 is used to clear blocks and congestion. After using the 16, use the single as use of the 16 can sometimes cause disorientation and using the single will refocus ones energy. However, no harm can come from their use. You can use the paper form or you can have the image silk screened onto cotton, wool, or silk. Black or dark purple or any dark color works best as the contrast as the power of the symbol seems to come from the contrast. Place the image facing the person or area that needs to be healed. Then place your hands on top and do Reiki. This will reduce the time one needs to heal and allow deeper issues to be healed.

I drew the single version out by hand in 1990. They were then scanned into the computer.

I hope you enjoy the use of these healing symbols. May they fill you with joy and peace.

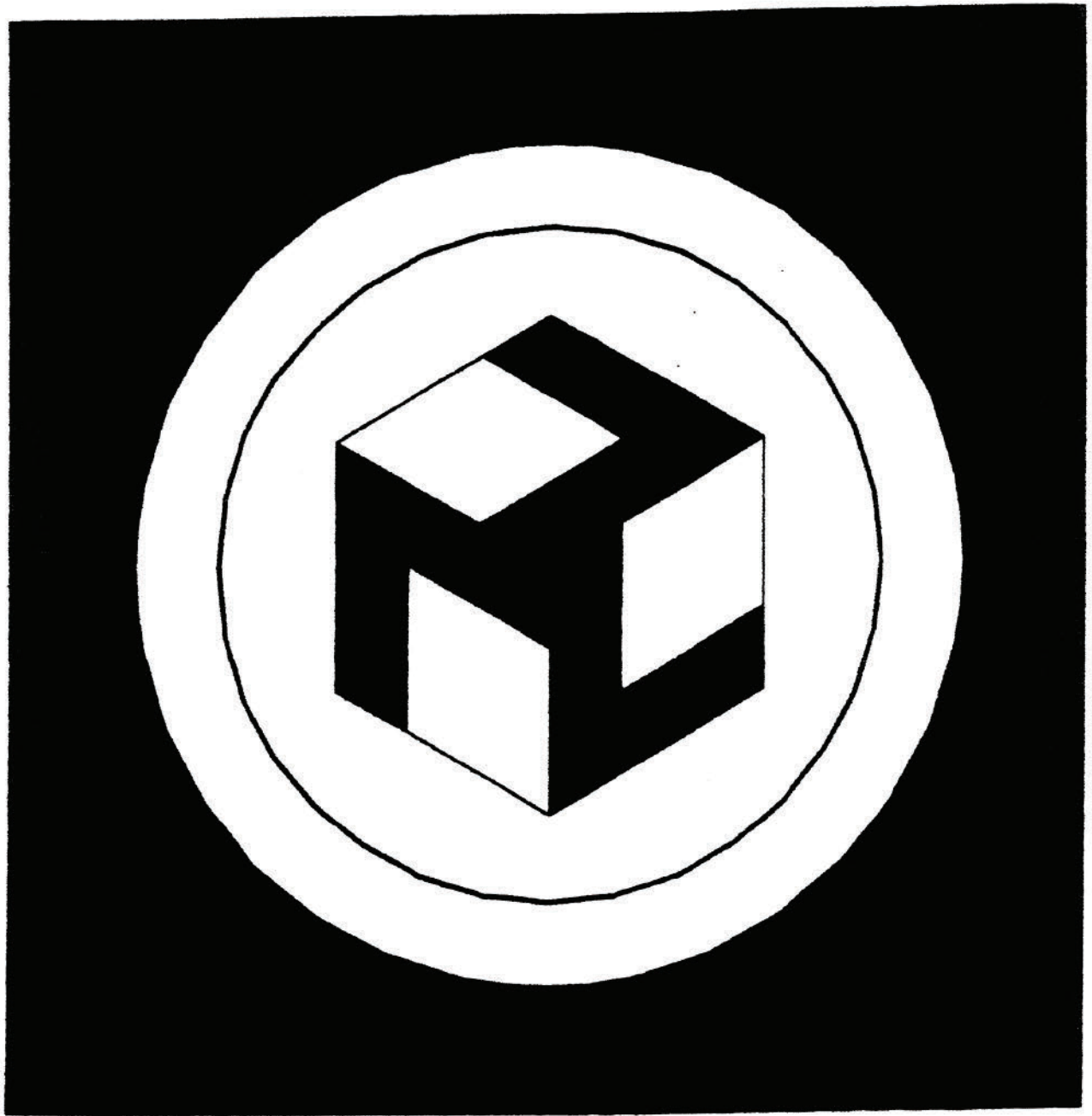
William Lee Rand

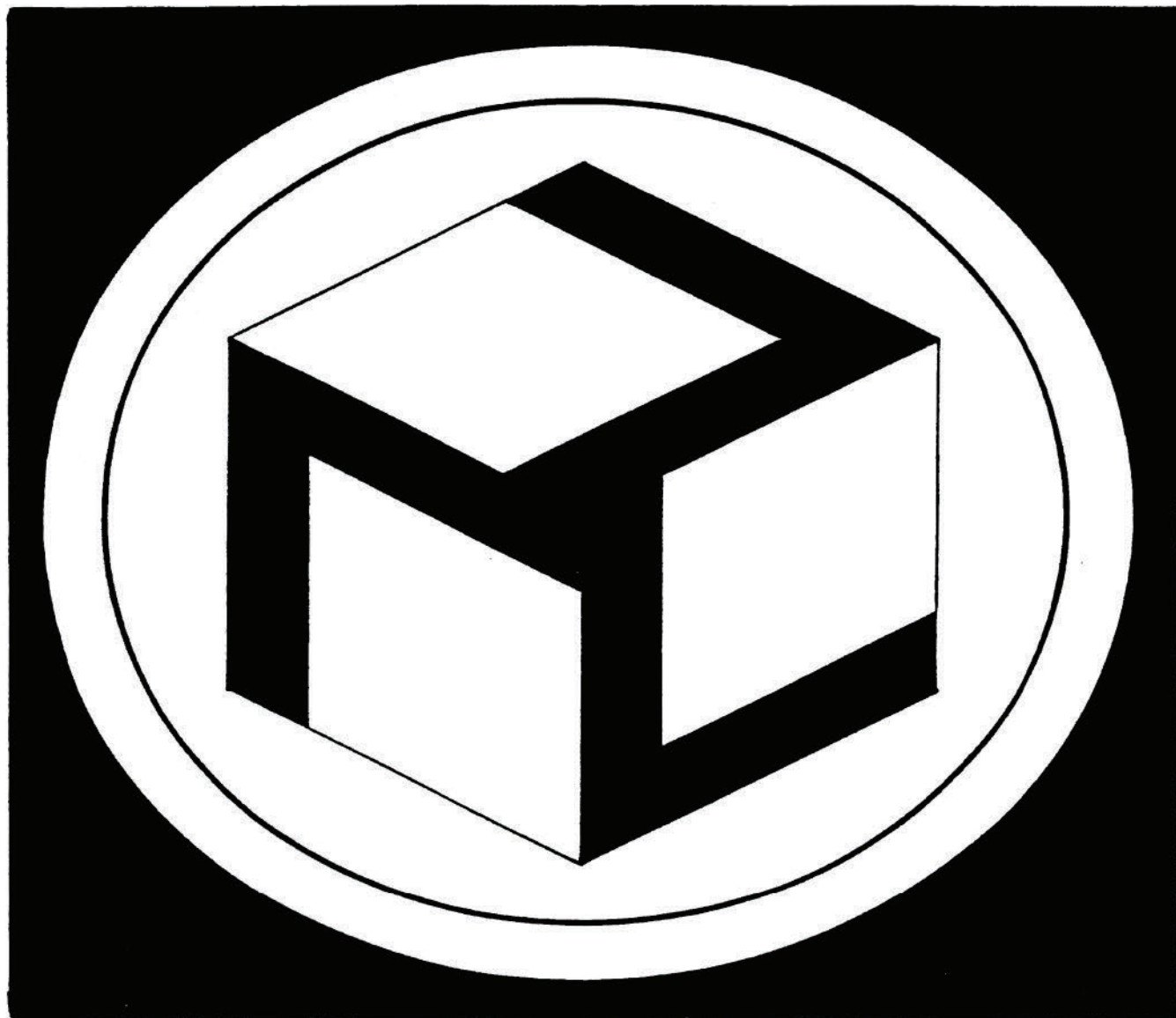
REIKI GRID



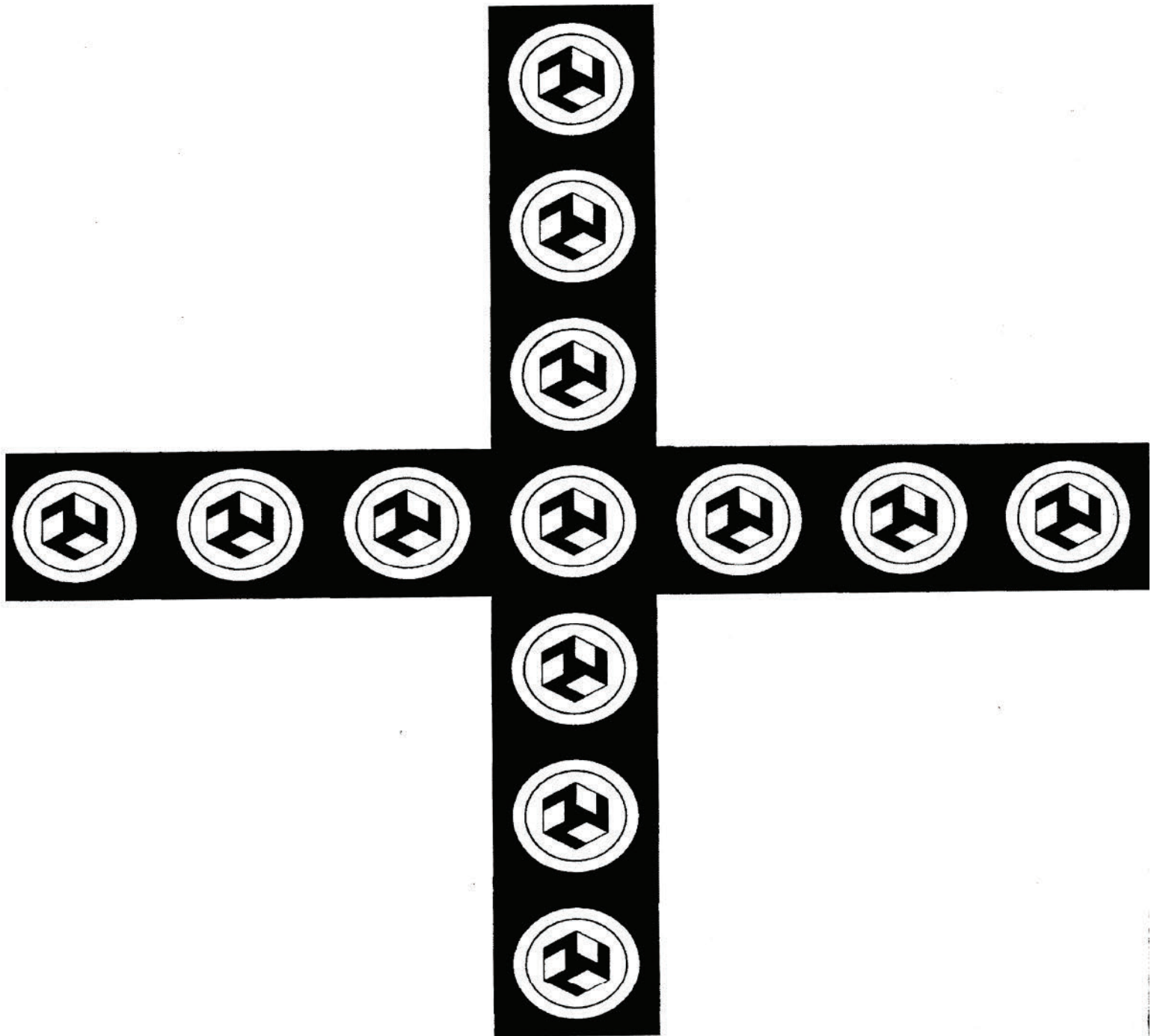
Master Crystal

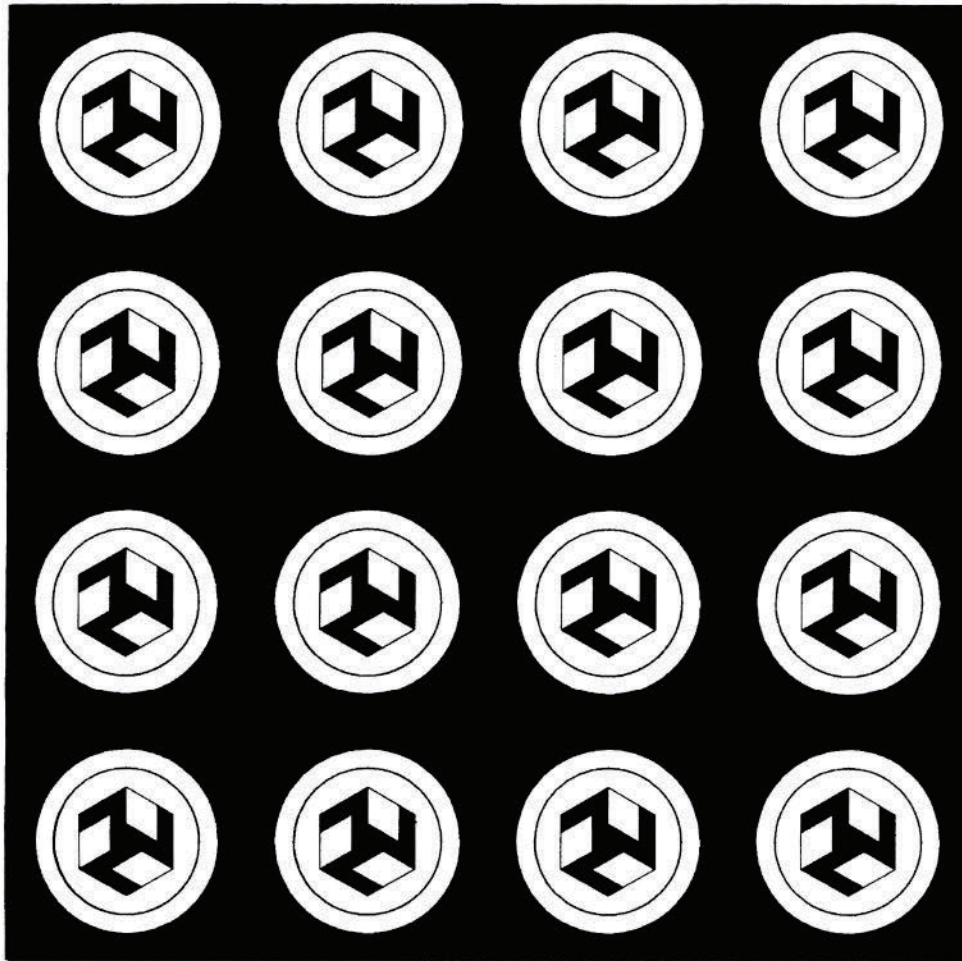
This Reiki Grid is placed on the Antahkarana symbol with the six crystals pointing towards the center crystal and the Master Crystal off to the side. The arrows show the direction in which to move the Master Crystal as you charge the grid.





Female





Multiple

THE REIKI GRID

“How to Create a Crystal Grid for Continuous Reiki Healing”

Use eight crystals that have been cleansed and charged with Reiki to create your grid. To cleanse – use salt water. To charge – hold the crystals between your hands for 5-10 minutes, draw the symbols over them, and intend that the crystal be charged and used for sending distance Reiki healing. Quartz crystals have the ability to hold your thoughts and intentions.

Place 6 crystals on the outside of the grid - leave one for the center and one as a Master crystal. The center crystal can be a single or double-terminated crystal, a crystal pyramid, a crystal ball, or crystal cluster. The crystal needs to be a longer crystal -like a laser or one with a yang or male type of energy.

Place the charged crystals in a hexagram about 8-12 inches across with the points pointing towards the center. Place the central crystal in the middle with its point going between two of the outer crystals. The Master crystal is put outside the grid off to one side. Set a picture or paper with the name of the person to receive healing under the center crystal. It is best to place your grid on a piece of cardboard so it can be moved around. You can also take a picture of the grid to charge it if you wish so as not to have to carry it with you.

Charge your grid everyday using the Master crystal. With the Master crystal, in your hand draw the distance symbol over the grid and any other Reiki symbols you would like to use. Point to the center crystal and begin by pointing it one of the outer crystals. Move over one crystal and then in and out, continuing in and out and around, going clockwise or counterclockwise as you are guided. Go around the grip 8-10 times. State a prayer or affirmation such as “ I charge this grid with LIGHT, wit Light, with Light, to heal to heal to heal. I connect this grid to my highest spiritual guides to heal, to heal, to heal. I connect this grid to the power of God to heal, to heal, to heal. Continue to repeat as you go around the grid.

Aura Cleansing

International Center for Reiki Training

- 1) Have client lay down, sit or stand (I usually have them in a chair)
Ask the client if they have something in mind they want healed.

If No: to focus within their heart center and ask what it is that they need to heal today (trust the answer they receive no matter what it is)

If Yes: to hold that within their heart center.

(It is important to tell the client that you need "not" know what their issue is for healing to take place. Some will want to share, others will want to keep it private).

Ask the client questions to give identity to the "thought form" for healing.

- If this was a part of your body where would it be?
- If it had a shape, what would it be?
- If it had a color, what would it be?
- If it had a texture, what would it be?
- If it had a weight, what would it be?
- If it had a sound, what would it be?
- Does it have a message for you?
- Ask them if they are willing to have the healing occur and if they are willing to make the changes in their life they need to make for healing to occur
- Ask them to focus on the shape and meditate on letting go of it.

- 2) Prepare yourself

- Prepare the Room
- Draw Usui Master symbol of both Hands saying the name 3 times as you tap your palms.
- Draw Power Symbol on both palms saying the name 3 times as you tap your palms.
- Draw Power Symbol on front of body and on each chakra for protection and empowerment of the chakras
- Draw Power Symbol on 4 walls, ceiling and floor, all symbols in the middle of the room
- Say a prayer of intent, calling in your spiritual healing source, setting ego aside and affirming healing for the highest good of your client.

- 3) Extend your Reiki Fingers

- Pull out fingers of one hand 12-18 inches while sucking in breath.
- Draw Power Symbol on ends of etheric fingers and tap as you say the Power Symbol name 3 times.
- Do your other hand the same way

4)

Do the Aura Cleansing by:

- Scan the client from about 4-6 inches above their head down each side of their body in a sweeping motion with your Reiki Fingers.
- When you find a shift in the energy field(hot, cold, tingling, magnetic push or pull) draw a Power Symbol over the block
- Stand in a position of power, use your full strength of being and intention
- Breathe in vigorously and pull out the block with Reiki Fingers.
- Breathe out vigorously and push out the energy to God.
- Do this three times in each spot.
- Continue with the sweeping motion scanning the client for other blocks, especially in the area of their body they identified.

5)

Talk to the Client:

- Ask them to check the area they had identified as blocked to see how it might have changed from the description they gave you at the beginning of the Aura Cleansing Session.
- If gone, continue to the next step.
- If not gone, ask if the body will continue to heal on it's own or if the person needs more work. If more work is needed repeat the pulling out as noted in #4.

6)

To complete the session:

- Place your hands on the client's shoulders and send Reiki into the client's body, have them visualize white light entering their crown entering the places where there were releases and ask them to let you know when they feel complete
- Give thanks to your higher power and guides for assisting in the healing.
- Retract your Reiki Fingers by pushing them back in.
- Karate chop to cut any psychic cords between you and the client.
- If possible, follow with a hand's on Reiki session. (optional)

Psychic Surgery Help Sheet

by Jessica Miller ver. 2/99

0) Have client lay down, sit or stand and meditate on problem

(known or unknown)

2)

~~2~~ Prepare yourself

- Draw Usui Master on both palms, clap and say name 3 times
- Draw Power Symbol on both palms, clap and say name 3 times
- Draw Power Symbol on front of body, on each chakra for protection, empowerment
- Draw Power Symbol on 4 walls, ceiling and floor *(put in center of room - 4 symbols)*
- Say Prayer of intent, and invite angels, reiki guides etc.

3)

~~3~~ Extend Reiki Fingers

- Pull out fingers of one hand 12 to 18 inches while sucking in breath.
- Draw power symbol on ends and tap to affirm they are extended
- Do other hand, move hands around to feel fingers.

1)

~~1~~ Ask client the questions

- If this was a **PART OF YOUR BODY**, where would it be *(do a body scan)*
- If it had a **SHAPE**, what would it be
- If it had a **COLOR**, what would it be *also → does it have a message for you?*
- If it had a **TEXTURE**, what would it be
- If it had a **WEIGHT**, what would it be
- If it had a **SOUND**, what would it be

~~4~~ Release

- Tell client you are going to send problem up to God or Higher Power. *meditate on your highest good*
- Ask them to focus on the shape, and meditate on letting go of it.
- Ask them if they are willing to let it go? *are you willing to*
- To acknowledge any lessons or information they might intuitively receive

5) Pull out the block by:

- Draw Power symbol over block
- Stand in position of power, use full strength of being and intention
- Breathe in vigorously/loudly and pull out block with Reiki fingers
- Breathe out vigorously/loudly and push out energy to God
- Continue breath/pull for several minutes

6) Ask Client

- if block is still there, or if they perceive any change
- If gone, continue to next step
- If not gone, ask if have lessons to teach, and repeat previous pulling step

7) After Shape Gone

- Do Reiki on location to fill it with light
- Karate chop to cut any psychic cords between you and client
- Retract reiki fingers by pushing back in, while making blowing sound
- If have time, follow with complete reiki session
- Give thanks to guides

* Rituals - pattern the symbols in your Body

THE ATTUNEMENT SEQUENCES

Besides taking people through the information of Reiki techniques as as any you may wish to share, you must attune people into the Reiki energy.

You must memorize and practice the sequences of all of the various Reiki attunements. Each time you attune someone with the Reiki levels the energy passes through you.

Everyone responds to this energy differently and you build up a tolerance for it. You must decide how you will channel this energy in a way that you can keep functioning in the way you chose to teach. The energy has a tending to intoxicate. You have worked with it enough by now to know how you take it and react to it. This is that times 10. You get used to it, but there may be times you won't be able to go anywhere or do anything else -at least for your first few attunements.

Also the energy often hits you hours later. Sometimes you will feel like nothing happened or no energy passed through you – that's okay, too.

Read over and practice the Hui Yin exercise included in this manual. It will help you control and maintain the energy during an attunement sequence. It isn't absolutely necessary to use it, but it helps to keep your head clear.

The secret to giving good, swift, clear attunements is to:

- A. Memorize the symbols and the sequences
- B. Concentrate on the steps, one at a time, during the process
- C. Ignore every thought or outside stimulus during an attunement

PRE-ATTUNEMENT

Before performing any of the attunements you must prepare the way.

Have your situation planned out. Select the chair the person sits in. Select the music and cue it up in your player. Music isn't necessary, but it helps the person you are attuning to focus. It often carries you through the process.

If you are going to use incense, candles, smudge sticks, or aroma therapy oils, have it all set up and ready to light. Have matches or lighter right next to it.

Sit the person in the chair and make sure the person is comfortable, with both feet flat on the floor (provide a foot rest, if necessary) and a chair with a straight and natural back. The chair should be placed so that it is easy for you to walk around it completely.

Sit the person and start the music, light the candles or whatever do the person can start to breath in the peace. Tell him/her what you are going to be doing. Explain that He/she will need to place his/her hands in the prayer position on the top of the head when you give the signal. You decide the signal. Some Masters tap a shoulder or upper arm, some say "Ok" or just grab the hands and place them. Explain to the person that he/she must relax and allow. Explain that he/she could have a visitation or a revelation or some sign or other – or nothing. Tell him/her there will be time to write down or think about it afterwards, or just to bathe in the light. Arrange a signal whereas you both know you are

ready to return to the places you occupied before the attunement. The attunement ritual should give you pleasure and peace. It is important to make a sacred event out of it but not overly so much that it makes the client feel abnormal and unnatural. What is natural and happy to you is probably the best. As in giving a Reiki treatment, you are activating your Reiki intention, not showing off how powerful or spiritual you are.

POST-ATTUNEMENT

After you finish the attunement, release the energy. Thank the angels and guides and show the client that it is finished. It is best to step away and go wash your hands. Use your letting go rituals from Reiki treatments and add a prayer that any excess energy from the attunement be used for a specific healing for you or a friend. Release the person and the process to his/her guides, to Reiki, to God, or any angelic influence you feel safe, glad and or proud to hand over the responsibility.,

If necessary, perform the Hui Yin exercise or any grounding exercise. It is best not to take a really long time with this as it is so easy to space out and get lost in the ethers. It is good to reset your energy as best, firmly and quickly as you can and return to finish instruction – never rushing the student(s) back, of course.

DELIVERING THE REIKI MATERIALS

You may use everything you feel secure about as your teaching repertoire. It is good to have an outline so you can be certain of teaching the basics. The story and lineage of Drs. Usui and Hayashi, and Mrs. Takata are essential components of a Reiki class. A definition of Reiki and in level two the symbols are required. Explanation and practice sessions as needed are important. You may require any books you think will serve your instruction. You are always free to copy my manuals or sell or recommend other Reiki manuals as you deem necessary and important. If you photocopy this manual, I insist you keep the authorship clear. You may, of course write your own set of notes, ideas, and practices. However, you must retain the Usui lineage, and the four Usui symbols as taught to you.

The information in this manual comes from the following sources:

William Lee Rand

David and Diana Drinkard

Diane Stein (hand position pictures only)

Susan Brockmeier

The people who come to you to learn Reiki are especially sent to you as a perfect match to what you both equally need. As you give these people the instructions and attunements into Reiki, you will be giving them to yourself, as well. So remember that each student is a blessing to you as much as you are to them. Don't be closed to anything they have to offer you. This is not a hierarchical system where you are in ahead them and

they are behind. You are not above them and they are not below you in this form of knowledge. You are only remembering it together. You are practicing giving your minds over to wholeness together. The class is a way of formalizing and compressing this awareness this awareness. Where two or more minds are gathered together for an intention of shared healing, that goodness expands beyond our small commitment and gives strength and salvation to every single mind that ever lived.

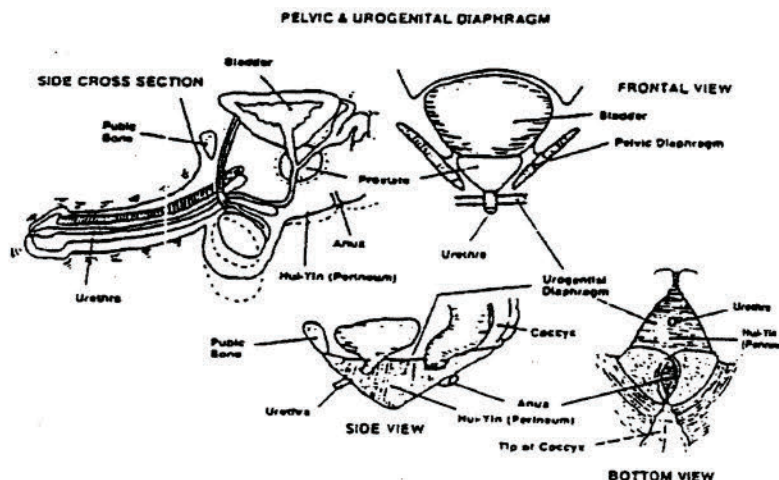
The Hui Yin point exercise

for those who lose energy or get too blasted giving Reiki attunements.

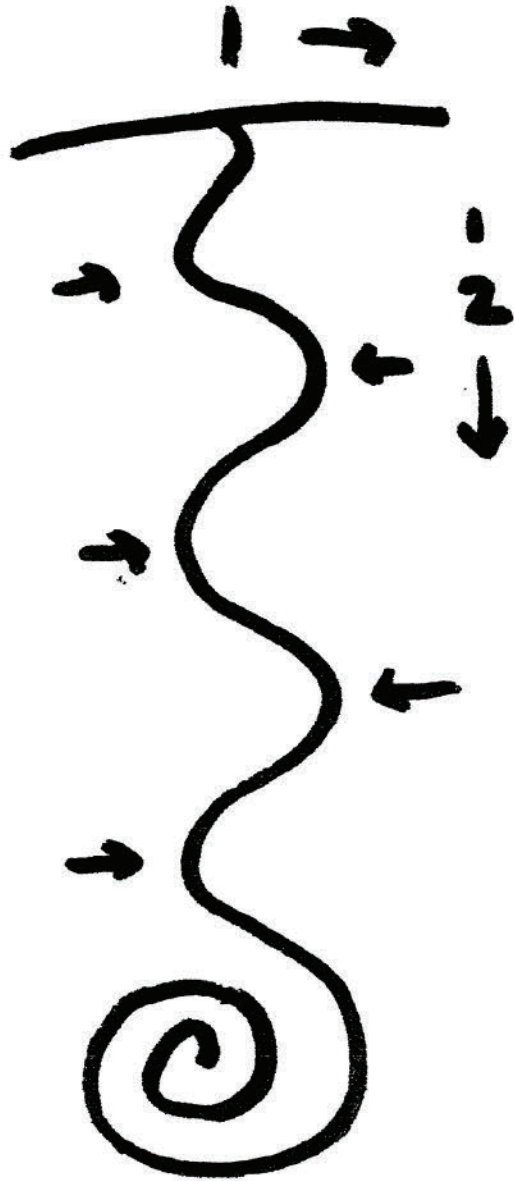
If you employ this exercise you must hold it all during the attunement process or during the Reiki 111 energy cycle meditation.

The Hui Yin point (see diagram below) is between the anus and the genitals. When giving Reiki attunements a special type of high frequency Chi enters your system. If you close the Hui Yin point and place your tongue on the roof of your mouth during the entire time you are giving attunements you prevent this high Chi from escaping your system. Practice contracting the muscles several times a day and while you go about your daily tasks. It is the middle set of muscles that is important to the Hui Yin exercise.

Note: It is similar to the Kagel birthing exercises for pregnant women.

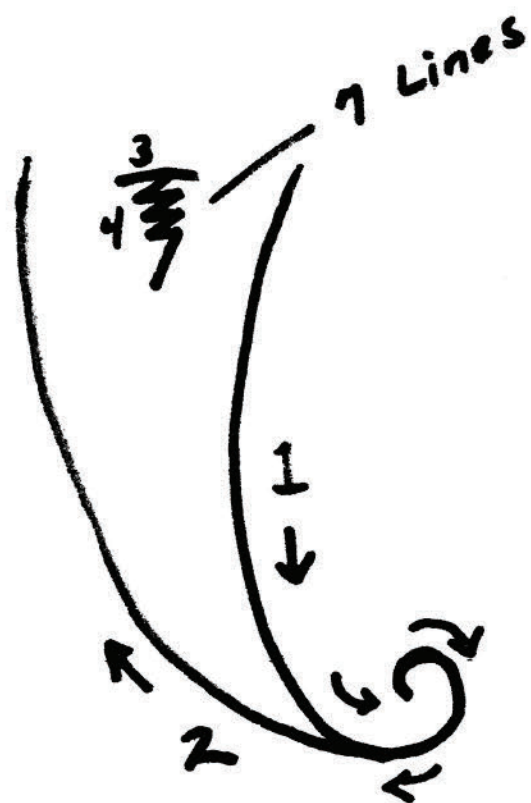


FIRE SERPENT



RAKU





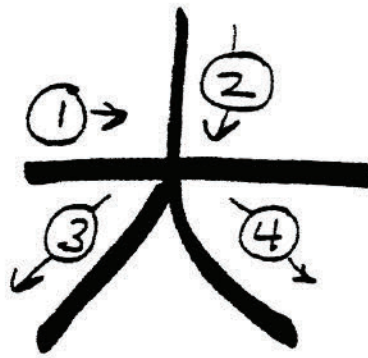
TIBETAN
DAI KO MIO

Dai Koo Myo

The Master Symbol Cosmic Pattern 18 (Radiance Technique)

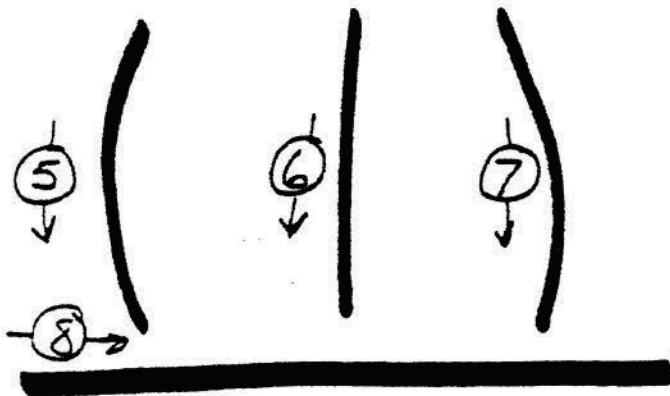
Dai	(1-3) Large Very Greatly Many Intense Openly Outragious Life-size	Huge Success Exceedingly Enormous Size Publicly Prominent	Grand Big Generous Important Dimensions Ambitions Large-scale	The Creator Much Major Serious Volume Daring Full-size
Koo	(4-9) Light Twinkle Gleam Radiance Bright Future	Shine Flash Glimmer Luster Glory	Glitter Beam Glow Influence Show One's Authority	Sparkle Glare Brightness Hope
Myo	(10-18) Clearness Empty Make Whole Gone Begin Be Disengaged Vindicator Sunny Obvious	Shining Vacate Reserve End Be Open Pass the Time Bright Plain Indisputable	Discernment Leave Stay Away From Expire Start Divulge Cheerful Distinct Evident	Open Clear Be Over Commence Light Pure Definite Refreshing

"Pronounced "die — koe — mee-oh"



DAI

(Dā)
man up arms
open wide

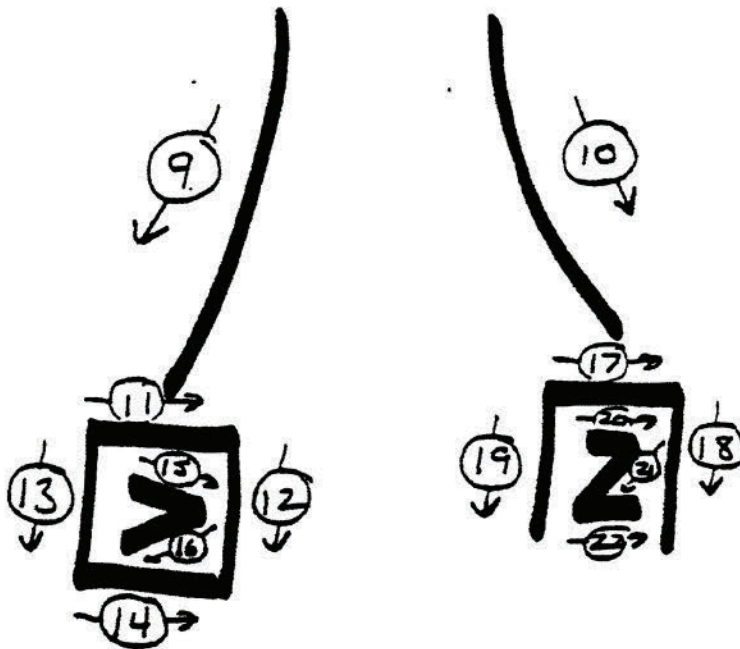


(torch carried
by a man)

KOO

(Chō)

(light way / to
shine)



Bright to dawn
past the night
sun & moon together

MYO

(mā-ō)

Usui Master Symbol
Dai Koo Myo
This is the style used by
The Center for Reiki Training



① The great being of the Universe, shine on me, be my friend ②

The Usui Master Symbol

Translating the meaning of this symbol from a Japanese/English dictionary, the secret name of this symbol means: "Great being of the Universe, shine on me, be my friend." The "Encyclopedia of Eastern Philosophy and Religion" lists a definition for this symbol as "Treasure house of the great beaming light", and states that it is a Zen expression for one's own true nature or buddha-nature, of which one becomes cognizant in the experience of enlightenment or satori.

Use of the Usui Master symbol in conjunction with Reiki creates a noticeably stronger channel between the physical self and the Higher self. This allows more of the unlimited wisdom and power of God to manifest directly on the physical plane. It intensifies and focuses the Reiki energy causing it to more firmly establish positive results in a definite, grounded and permanent way. It protects the healing work that it does.

All the qualities of Reiki, including the actions of the other symbols are enhanced by the use of the Usui Master symbol. It seems to bring with it a greater feeling of wholeness, fulfillment and completion. It is very satisfying to feel its power flow through and around you whenever you use it in conjunction with Reiki.

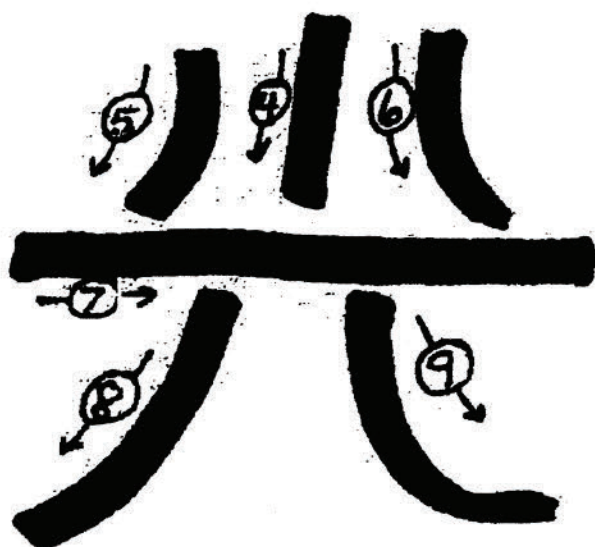
It is similar to the Power symbol in many ways except that it operates on a much higher frequency and brings into use a higher level of divine power. Once you have been attuned to use this symbol, you should always use it first before using the other symbols as it will empower them.

The Usui Master symbol can be used when giving Reiki treatments, and it can also be used to empower any other kind of healing, manifesting or personal transformation work. It can be used as part of a ritual and also in conjunction with physical movement. It can be used to bless and empower all activities! Let your imagination help you create new uses for it.

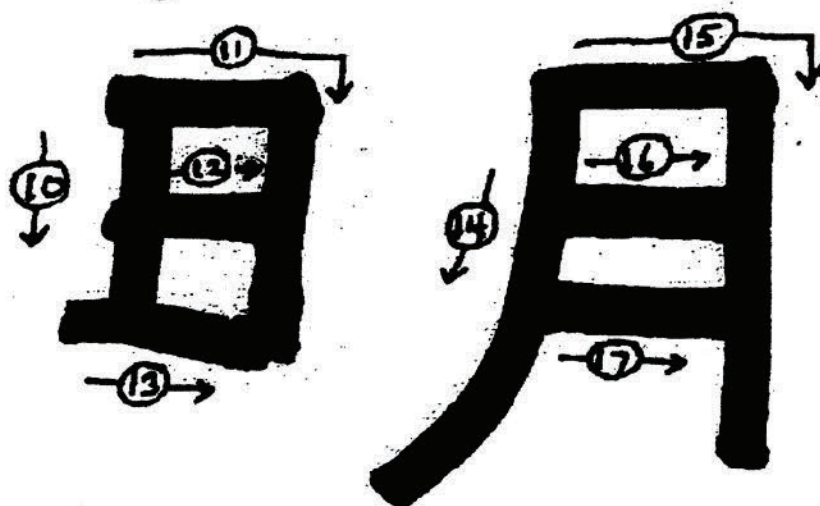
Try this anytime after you have received the attunement for the Usui Master symbol. You can do this anywhere at anytime, even while driving. First think of Reiki. You do not have to have your hands on yourself as Reiki will simply begin flowing out your hands regardless of what you are doing with them. Once you feel Reiki flowing, begin chanting the secret name of the Usui Master symbol three times either out loud or to yourself, followed by: "I establish my divine presence on earth," three times. Do this over and over allowing yourself to feel the power you are creating.



DAI



KO



MYO

Usui Master Symbol

Reisho style

The International Center for Reiki Training

Attunement Notes

C E R T I F I C A T E

THIS IS TO CERTIFY that Mrs. Hawayo Takata, an American citizen born in the Territory of Hawaii, after a course of study and training in the Usui system of Reiki healing undertaken under my personal supervision during a visit to Japan in 1933 and subsequently, has passed all the tests and proved worthy and capable of administering the treatment and of conferring the power of Reiki on others.

THEREFORE I, Dr. Chujiro Hayashi, by virtue of my authority as a Master of the Usui Reiki system of drugless healing, do hereby confer upon Mrs. Hawayo Takata the full power and authority to practice the Reiki system and to impart to others the secret knowledge and the gift of healing under this system.

MRS. HAWAYO TAKATA is hereby certified by me as a practitioner and Master of Dr. Usui's Reiki system of healing, at this time the only person in the United States authorized to confer similar powers on others and one of the thirteen fully qualified as a Master of the profession.

Signed by me this 21st day of February, 1938, in the city and county of Honolulu, territory of Hawaii.

Witness to his signature:

Yoshio James

(SIGNED) Chujiro Hayashi

TERRITORY OF HAWAII. }
City and County of Honolulu. }

On this 21st day of February, A. D. 1938, before me personally appeared
..... (DR.) CHUJIRO HAYASHI
to me known to be the person described in and who executed the foregoing instrument and acknowledged
that HE executed the same as HE free act and deed.

W. H. Jones
Notary Public, First Judicial Circuit,
Territory of Hawaii.

THE UNIVERSITY OF CHICAGO
The Office of the University Registrar
CHICAGO, ILLINOIS 60637

November 9, 1990


William L. Rand
President
The Center for Spiritual Development
917 Woodcrest Drive
Royal Oak, MI 48067

Dear Mr. Rand:

In response to your recent correspondence our records do not indicate that Mikao Usui ever attended the University of Chicago.

I have enclosed our Announcements of the Divinity School.

Sincerely,


Maxine H. Sullivan
University Registrar

MHS/mn

December 17, 1991

Mr. William L. Rand
President
The Center for Spiritual Development
20782 Knobwoods Dr., Suite 203
Southfield, MI 48086 U.S.A.

Dear Mr. Rand:

First, you could get some informations on the history of Doshisha University from enclosed photocopies made from Doshisha University Catalogue and The Doshisha.

Second, I, aided by chief archivist, checked the mentioned person, Mikao Usui with the related documents in vain; List of graduate students on Doshisha Alumni Bulletin, Literatures relating to J.H. Neesima, and List of faculty and clerical members in those days. I just found out he was never the president of Doshisha. And the name never appeared, and neither left any traces on them.

So I am afraid I cannot provide you any information.

Sincerely,



Itsuro Nishida
Head, Public Services
Center for Academic Information
(formerly Library)
Doshisha University
Kyoto 602, Japan

OUR REIKI MASTER LINEAGE



Dr. Mikao Usui



Dr. Chujiro Hayashi



Mrs. Hawayo Takata



Jeanne Greening



William L. Rand



DIANNA & DAVID DRINKARD



Susan Brockmeier

大谷の書神